

SIGNPOSTplus Information Snippets

Southern Devon and Surrounding Area

15th July 2021



Signpost Plus

The weekly snippets we provide are available to everyone and anyone who would find the information we produce of use to them or someone they care for. If you would like to sign up for southern snippets send your email address



Tourettes Action Support for Young People,

Tourettes Action have put together some information

specifically for young people, based on their research about what young people want to know: <https://www.tourettes-action.org.uk/78-young-people.html>

Webinar for Teachers – Understanding

Tourettes Syndrome, Wednesday 15th September, 4pm via Zoom, followed by a Q&A. Tickets £5. Find out more and book a place here: <https://www.tourettes-action.org.uk/news-568-webinar-for-teachers---understanding-tourette-syndrome.html>



Woodlands School, Plymouth

The school offer termly 'Preparing for Adulthood' parent's meetings via Zoom and have extended this offer to parents of SEN children in the South West regardless of affinity to the school. They would welcome new joiners to the group and are happy to tailor the meetings to the needs of parents/carers. This is a wonderful opportunity to ask questions directly to local authority SEN representatives.

This group aims to support parents/carers of students aged **14+** who need information about life for their child when they leave school and how to prepare for this.

The group will be joined by members of the local authority, who will be sharing information and answering questions on preparing young people, with special educational needs, on their journey into adulthood.

Please email the school for information on how to access the sessions and sign-up for a link to the next meeting: pfaparentgroup@woodlands.plymouth.sch.uk



Babcock LDP

New academic year 2021-2 CPD opportunities launch for Devon settings and

multi-agency agencies / organisations.

Available to Early Years, schools, Post 16 and multi-agency sectors.

A full suite of Communication & Interaction themed module options for leaders, practitioners and wider communities.

Modules include:

- Social narratives
- Girls & autism
- Pathological demand avoidance (PDA)
- Lego based therapy
- Sensory processing & autism
- Supporting transition from primary to secondary
- Supporting transition from early years to primary

Autumn term events now available to book at: [Communication and Interaction | Babcock LDP](#)

In addition to these centrally delivered events, the C&I themed modules can also be delivered in-house to whole setting staff teams.

Module content enquiries via:

Paul.Lamanna@babcockinternational.com

Booking enquiries via:

Tina.Turner@babcockinternational.com



Last Chance!

The SIGNPOSTplus survey will close on **Friday 16th July**. Many thanks if you have already taken the time to complete the survey. If you have not had time yet, we would really appreciate your views on SIGNPOSTplus Information Snippets.

There are just a few questions and should only take a couple of minutes to complete.

We are hoping to find out how far the snippets are shared and how useful people find them. The outcome of the survey will help us plan how information is shared in the future.

Complete the survey here:

<https://www.torbayandsouthdevon.nhs.uk/surveys/3/index.php?r=survey/index&sid=773444&lang=en>

Safebreaks Holidays Ltd.

Assisting young people to live their lives the way they want to by providing opportunities through supported living, respite, day clubs, enabling, creative activities, life skills training, holidays and so much more.

To find out what's on offer go to:

<https://safebreaksdevon.co.uk/>



Babcock LDP Early Years

Next term Babcock LDP will be running two further

'Closing the Word Gap' training sessions in response to need. They will both be on the 28th September, one is 3.30-5pm and the other is 6.30-8pm. They are both fully funded, you only need to attend one (not both!) and anyone in an early year setting or school can attend

To book a place click: [Here](#)



Supporting Children and Young People with Developmental Language Disorder

Did you know that DLD affects at least 7.5% of all children and young people (two children in every average class of 30) in the UK?

Developmental Language Disorder (DLD) is a diagnosis given to children and young people who have life-long difficulties with language that are **not** associated with other biomedical conditions, such as cerebral palsy, or autistic spectrum disorders.

For students affected by DLD, it can have a significant impact on their attainment at school, employment outcomes and social and emotional wellbeing. Many children and young people with DLD are not identified, meaning that they are not getting access to the support they need.

Developed in partnership with nasen and Whole School SEND, and funded by the Department of Education, this practical guide will give school-based professionals guidance on how to identify and support children with DLD in mainstream primary and secondary schools. This resource can be accessed here: [ICAN DLD guide](#)

In addition, there are FREE webinars for staff in Early Years, Primary and Secondary Schools.

These can be accessed here: [ICAN webinars on DLD](#)



Unique - Rare Chromosome Disorder Support Group

Sometime Genetics appointments can be a bit daunting, so Unique created a guide to a Clinical Genetics Appointment. This leaflet has been written to explain what you might expect if your family has been referred for a clinical genetics' appointment.

You can read & download free at

<https://rarechromo.org/practical-guides-for-families/>



HAF Holiday Fund – Free Summer Holiday Activities and Meals

The aim of the Holiday Activity and Food (HAF) programme is to support children to eat more healthily, be more active over the school holidays and have a greater knowledge of health and nutrition as well as be more engaged with school and other local services.

The HAF programme is primarily for children aged 5-16 years (and can include 4-year-olds already in Reception year) who are eligible for and receiving benefits-related free school meals (FSM), and their families.

The Holiday Activities and Food programme is being delivered by a number of different individuals and organisations across Devon. To access the programme, simply book a place through one of the providers listed. Please note that booking details differ depending on each provider.

The providers on offer include those experienced in working with children and young people with special educational needs and disabilities (SEND) and are therefore appropriately trained to support children with a disability or additional needs. If your child requires assistance for the activity, the parent or carer may be welcome to attend or the activity provider may offer extra support for your child. Please contact the given provider to discuss further.

Places are now open. Find the full eligibility criteria and the list of providers taking part here: <https://www.devon.gov.uk/educationandfamilies/family-support/haf-programme>



PenCRU Summer Newsletter Out

Now.... Read the latest PenCRU newsletter here:

https://www.pencru.org/aboutus/news/title_866253_en.php



Devon County Council's new website for children and young people with

Special Educational Needs and Disabilities

(SEND). The brand-new website is designed for children and young people with SEND and their families to help them find the right information about education, health and care support in the local area to help them achieve their goals in life. It has been developed alongside parents and carers, those working with children and young people and young people themselves to make sure families can easily find the information that matters most.

Take a look at the new website here:

<https://www.devon.gov.uk/education-and-families/send-local-offer/>

YOUNGMINDS

Young Minds

If you're worried that your child is feeling low or struggling with depression, here's our advice on what you can do and where you can find support.

To find out more click: [Here](#)



Living Paintings

Is your blind child doing the [#SummerReadingChallenge](#) at your local library, but you can't find any accessible books on the theme of

[#WildWorldHeroes](#)? Extend your summer reading bookshelf with Living Paintings fantastically wild collection of braille, tactile and audio books.

Search our library here:

<https://livingpaintings.org/books>

And find out about how Living Painting can help parents and children in the link below.

https://livingpaintings.org/parents-and-children?fbclid=IwAR1KrvczLrSEzsldePul8sbZv55GZYYXWe5PaVlhc0POnqbB_18y8VFbmVA



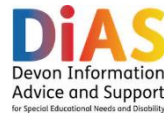
family lives

Family Lives

Dealing with anxiety in young children - Read Family Lives

supportive advice to help your child manage their feelings. To find out more go to:

<https://www.familylives.org.uk/advice/your-family/wellbeing/dealing-with-anxiety-in-young-children/>



Is your child moving up to secondary school this September?

DiAS know that making the move from primary to secondary school can feel daunting and unsettling for both you and your child. There is a lot to get your head around and it's a whole new set of relationships and routines for both of you to get used to.

DiAS have a new top tips sheet, moving up to secondary school, has some ideas and strategies you can use to help things go as well as possible. To find out more click: [Here](#)



Contact for Families

FREE workshops for parents with disabled children and additional, these include:

- Educational support
- Handling meetings
- Benefits and grants
- Encouraging positive behaviour
- Helping your child sleep
- Speech and language support
- Wellbeing for parents

Book your workshop here:

contact.org.uk/workshops

Contact add new dates regularly, look out for Workshops on Contact's webpage if you can't find anything to suit you.



Check your child's symptoms with this really HANDi App

As well as providing up-to-date

NHS advice on common childhood conditions and how to treat them, the HANDi App has a quick and easy to use child symptom checker

[Download the APP today](#)



Family Session

Focusing on the new EYFS framework, July 26th

presented by Dr Sue Allingham from Early Years Out of the Box Consultancy. Dr Allingham will be answering all your questions to get ready for the September launch.

The session will look at:

- What the fundamental changes to the new EYFS are, and how they will actually impact your practice.
- What practitioners need to know to make sure they're ready for September - and how leaders can help support them.
- what's staying the same - how we can use this as an opportunity to put child development first.

[Here](#)



Devon Children and Families Partnership

Early Help Leaflet and Information Consent Forms

The forms are now

available in Romanian, Polish and Arabic on the Devon and Children Families Partnership website.

Please use the following link for the Early Help Leaflet

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[Early Help - Devon Childrens' and Families Partnership \(dcpf.org.uk\)](#)

And for the Consent Form

[Early Help resources and downloads - Devon Childrens' and Families Partnership \(dcpf.org.uk\)](#)



lifeworks
Learning disability champions

Lifeworks Holiday

Programme is running in Torbay this Summer for

young people aged 11-18 with learning disabilities (LD). It's FREE for young people age 11-16 with LD who get free school meals. Plus, this summer Lifeworks also have a Holiday Project for young adults with LD age 19+. To see the full programme visit: <https://lifeworks-uk.org/summer-holiday-activity-programme-2021/>

To book on contact traceyhubbard@lifeworks-uk.org T: 01803 061 069 (10am-2pm)

Free outdoor play, let's keep it that way



Play Torbay will be running sessions throughout August 2021 at:
 The Acorn Centre, Lummaton Cross, TQ2 8ET
 Fort Apache Adventure Playground, Cricketfield Road, TQ2 7NU
 Wild Fox, Adventure Playground, Smallcombe Road entrance, TQ3 3SP
 Indigos Go Wild Adventure Playground, Packhall Lane, TQ5 0EQ
 All sessions will run between 10.30 and 2.30pm for young people 5 - 16 years. **Lunch is provided.**

FREE but booking is essential.
 Please go to our website to download a registration form <https://www.playtorbay.org.uk/play-grounds>
 Alternatively send a text to 07448 119545 and we will get back to you

SummerTime PLAY

Each week has a different theme:

WEEK 1 SUMMER

Chances to have a go on a water slide, fly a kite, make a fruit kebab and paint a pebble

WEEK 2 HARRY POTTER

Chances to take part in a HP challenge, make a screaming hairy mandrake, a pinecone owl and have a go at the Harry Potter sorting hat game

WEEK 3 ECO PLAY

Chances to cook banana energy flat breads on the campfire, create your own lolly stick picture frame and meet the Art and Energy Collective with an opportunity to take part in their Moths to a Flame project to protect our planet as part of COP26 in Glasgow later this year

WEEK 4 BUSHCRAFT

Chances to create your own den, cook dampers on the fire, model with clay and make seed bombs to go guerilla gardening

Summertime PLAY is part of Torbay's Healthy Holidays Provision funded by the DfE Holiday Activities and Food initiative



To find out more visit Play Torbay's website

<https://www.playtorbay.org.uk/playtorbay-blogs/summertime-play> and book under

'EVENTS' or text 07448 119545. For ages 5-16yrs. precedence to children on Free School Meals and/or SEN.

Useful Emergency Contact Numbers:

NHS Helpline: **111** Use **999** if a medical emergency.

Multi Agency Safeguarding Hub, if you are concerned about your own safety or that of a child or young person: **0345 155 1071**

National Domestic Abuse Helpline (Devon): **0808 2000 247** (24 hours) Use **999** if you are in immediate danger.

YoungMinds Crisis Messenger, for free 24/7 support across the UK if you are a young person experiencing a mental health crisis. If you need urgent help **text YM to 85258**

Samaritans (24 hours): **116 123**

Citizens Advice Bureau National Helpline: 03444 111 444



Find us on Facebook.....like the SIGNPOSTplus page for regular updates on all things related to children with additional needs. An archive of recent snippets can be found at the

[SIGNPOST plus page](#) on the Children and Family Health Devon website

If you no longer wish to receive these bulletins please let me know and I will remove your details from the mailing list.



Disclaimer: The information in these snippets is for general information purposes only and is provided by various organisations. Whilst we endeavour to keep the information up to date and correct, we make no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the information, products, services or otherwise included in this publication for any purpose. Any reliance you place on such information is therefore strictly at your own risk.
