

How can you contact us?

Our telephone number is: 01803 864120. We have an answerphone, which is checked regularly, and we would aim to get back to you within 24-48 hours.

Useful Contacts

For your information, we have provided useful telephone numbers that you will continue to need:

- Invacare (for wheelchair repairs) - **0800 0696216**
- PLUSS (for servicing slings) - **01392 224440**
- Exeter Mobility Centre - **0845 7626883**
- Plymouth Mobility Centre - **01752 546222**
- Duty Occupational Therapist (Lescaze office) - **01803 0763500**
- Children's Occupational Therapy Team Torbay (John Parks Unit) - **01803 655585**
- Orthotic Department (specialist footwear, splints, body braces, etc.) – **01803 217761**
- Podiatry – **01803 217712**

We look forward to meeting you and your child at Bidwell Brook School



South Devon Healthcare **NHS**
NHS Foundation Trust



**PATIENT
INFORMATION**

Physiotherapy Transition Leaflet

What happens when your child starts at Bidwell Brook School?



INTRODUCTION

South Devon Healthcare Trust Physiotherapy Service provides Physiotherapy to children in school who live within the commissioned area. These children have typically accessed John Parks Unit prior to school age. Children who receive Physiotherapy from the Plymouth Child Development Centre will continue to access their service from the Plymouth team.

Your child will be able to access the Paediatric Physiotherapy Team until they are 18 years or leave Bidwell Brook at 19yrs.

ABOUT BIDWELL BROOKS PHYSIOTHERAPY DEPARTMENT

- **Where we are?**

We are situated near the main office at the front of the school

- **Who we are?**



Rachel Rapson – Rachel is the lead physiotherapist at Bidwell Brook School, and also for the rest of the Paediatric Physiotherapy Team. Rachel assesses the students, prescribes the treatment programs to be carried out at home and school.



Raegan Carnell – Raegan is our schools Therapy Assistant, Raegan carries out Physiotherapy treatment sessions with our students, liaises with the students Occupational Therapists (OTs) and carries out treatment sessions overseen by the OTs. She is also our Manual Handling Trainer.



Selina Chalcraft – Selina is a Physiotherapy Assistant. She carries out treatment sessions with the students and also looks after all of their physiotherapy equipment.

Lucie Aubrey – Lucie is a Physiotherapy Assistant who also carries out treatment sessions with the students and looks after our physiotherapy equipment.



- **What we do?**

We work very closely with all of the classroom staff setting up individual plans for each student. They can carry these out daily in the classroom setting. We closely monitor their physiotherapy needs and adapt their programmes accordingly.

We encourage you to continue with your child's Physiotherapy program at home as part of their daily activity. This is especially important during the school holidays.

As your child is receiving physiotherapy in school, there is less opportunity for us to meet with you as parents/guardians.

We welcome you to contact us, if there are any queries regarding your child's Physiotherapy needs. We are able to carry out home visits after school, if required, and we also work during school holidays.

Your Physiotherapist will liaise with your consultant, e.g. Paediatrician, Orthopaedic Surgeon- please inform your Physiotherapist of the appointment dates.

Hydrotherapy is available but is mainly carried out by Classroom Assistants. However, we are available to provide advice and review programs as needed.

We hold various clinics at Bidwell Brook School. These include;

- ⇒ Orthotics
- ⇒ Wheelchair clinic with Exeter Mobility Centre staff (termly)
- ⇒ Orthopaedic clinics
- ⇒ Postural Management clinics (monthly)

If you want any further information about any of these, please contact us.