

# Monday

## Westcountry pork sausages & mash



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓													

Available gluten free on request

## Quorn sausages & mash



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

## Banana split

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓			✓						✓		

Available dairy free on request



# Tuesday

## Beef Bolognese with pasta



✓	✓		✓					✓						Tomato

Available gluten and egg free on request

## Quorn Bolognese with pasta



✓	✓		✓					✓						Tomato

Available gluten free on request

## Traffic light jelly and cream



						✓								

Available dairy free on request, not vegetarian.

# Wednesday

## Roast pork with apple sauce



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓								✓						

## Cheese and mushroom crepe



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓						

## Fruit flapjack with custard


















Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

Dairy free and egg free available on request
















# Thursday

## Wholemeal Margherita pizza

														
✓	✓					✓								Tomato


















## Wholemeal Margherita pizza

														
✓	✓					✓								Tomato



## Fresh fruit, yoghurt, cheese and biscuits

														
	✓					✓								

Dairy free and egg free available on request



# Friday

## Salmon and broccoli pasta



✓	✓		✓	✓		✓								Tomato

Gluten free available on request

## Vegetable quiche, new potatoes



	✓		✓			✓								Tomato

## Carrot cake with custard

	✓		✓			✓								

Dairy free available on request



# Monday

## Creamy tuna pasta bake



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓	✓		✓								Tomato

Available gluten and egg free on request

## Cheesy vegetable pasta bake



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓								Tomato/courgette

Available gluten and egg free on request

## Knickerboker glory

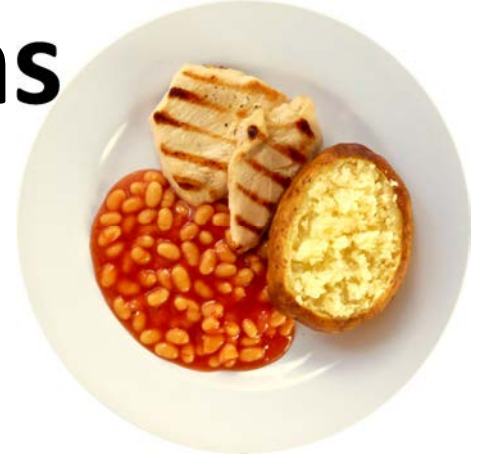


Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								

Available gluten and dairy free on request

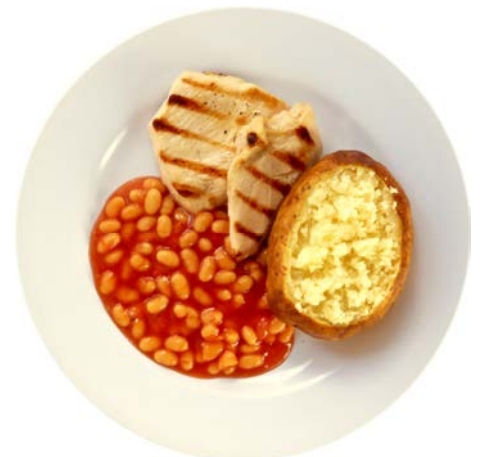
# Tuesday

## BBQ chicken, beans & baked potato



														Tomato

## BBQ Quorn, beans & baked potato



			✓											Tomato

## Chocolate pot

						✓								



# Wednesday

## Roast turkey with stuffing



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓							✓						

Available gluten free on request.

## Roast Quorn with stuffing



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓						

## Vanilla cheesecake

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								





# Thursday

## Steak burger with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓					✓						

Available gluten and egg free on request.

## Bean burger with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓				✓		

## Fresh fruit, yogurt, cheese & biscuits

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								



# Friday

## Roast cod with ratatouille



				✓										Tomato

Gluten free available on request

## Baked Halloumi with ratatouille



						✓								Tomato

## Sticky toffee pudding

	✓		✓			✓								

Dairy free available on request.



# Monday

## Fruity chicken curry



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓														Kidney beans

## Fruity Quorn curry



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓			✓											Kidney beans

## Mixed ice creams

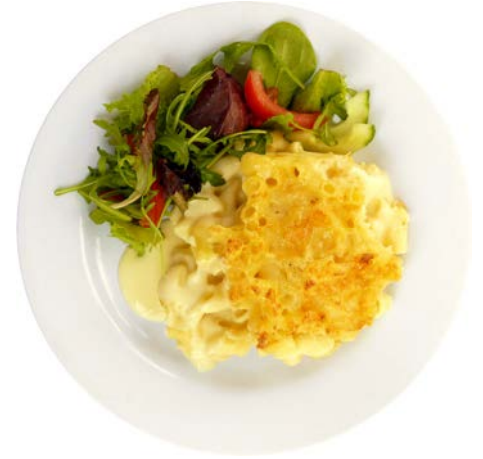
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								
















Available dairy free on request



# Tuesday

## Macaroni cheese with crispy bacon


















														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓		✓						

Available gluten free on request.
















## Macaroni cheese & mixed peppers



														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓		✓						

Available gluten free on request.

## Fresh fruit, yogurt, cheese & biscuits

														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other



# Wednesday

## Gammon ham with cheese sauce



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓						✓		✓						

## Omelette with new potatoes



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓											

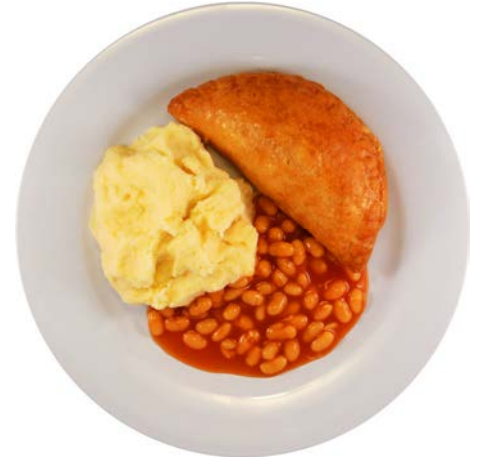
## Fruit flapjack with custard



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

# Thursday

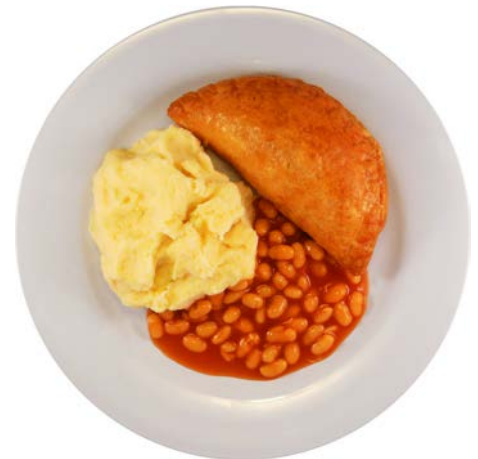
## Chicken and ham pasty



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓					✓						

Available egg free on request.

## Vegetarian pasty



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓								

Available egg free on request.

## Strawberry panna cotta pot

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								



# Friday

## Fish and chips, tartare sauce



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓	✓										

## Frittata with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓											

## Chocolate brownie with custard



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓			✓								

Dairy free available on request.