

Monday

Westcountry pork sausages & mash



	✓													

Available gluten free on request

Quorn sausages & mash



	✓		✓			✓								

Banana split

			✓			✓						✓		

Available dairy free on request



Tuesday

Beef Bolognese with pasta



✓	✓		✓					✓						Tomato

Available gluten and egg free on request

Quorn Bolognese with pasta



✓	✓		✓					✓						Tomato

Available gluten free on request

Traffic light jelly and cream



						✓								

Available dairy free on request, not vegetarian.

Wednesday

Roast pork with apple sauce



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓								✓						

Cheese and mushroom crepe



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓						

Fruit flapjack with custard



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

Dairy free and egg free available on request

Thursday

Wholemeal Margherita pizza



✓	✓					✓								Tomato

Wholemeal Margherita pizza



✓	✓					✓								Tomato

Fresh fruit, yoghurt, cheese and biscuits

	✓					✓								

Dairy free and egg free available on request



Friday

Salmon and broccoli pasta



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓	✓		✓								Tomato

Gluten free available on request

Vegetable quiche, new potatoes



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								Tomato

Carrot cake with custard

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

Dairy free available on request



Monday

Creamy tuna pasta bake



✓	✓		✓	✓		✓								Tomato

Available gluten and egg free on request

Cheesy vegetable pasta bake



✓	✓		✓			✓								Tomato/ courgette

Available gluten and egg free on request

Knickerboker glory

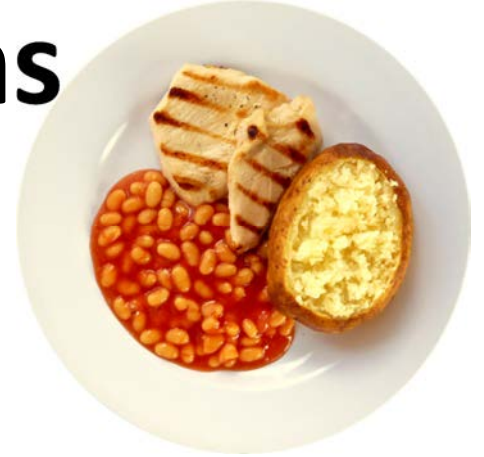


	✓					✓								

Available gluten and dairy free on request

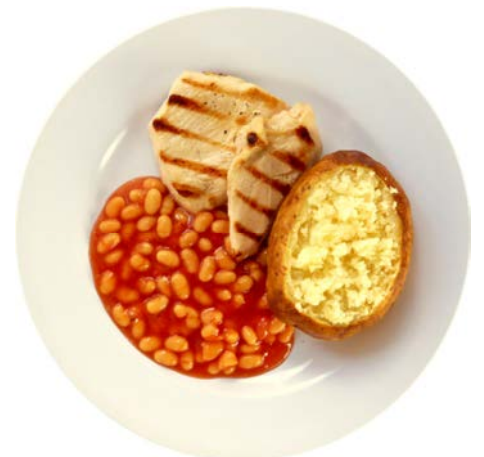
Tuesday

BBQ chicken, beans & baked potato



														Tomato

BBQ Quorn, beans & baked potato



			✓											Tomato

Chocolate pot

						✓								



Wednesday

Roast turkey with stuffing



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓							✓						

Available gluten free on request.

Roast Quorn with stuffing



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓						

Vanilla cheesecake

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								



Thursday

Steak burger with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓					✓						

Available gluten and egg free on request.

Bean burger with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓		✓				✓		

Fresh fruit, yogurt, cheese & biscuits

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								



Friday

Roast cod with ratatouille



				✓										Tomato

Gluten free available on request

Baked Halloumi with ratatouille



						✓								Tomato

Sticky toffee pudding

	✓		✓			✓								

Dairy free available on request.



Monday

Fruity chicken curry



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓														Kidney beans

Fruity Quorn curry



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓			✓											Kidney beans

Mixed ice creams

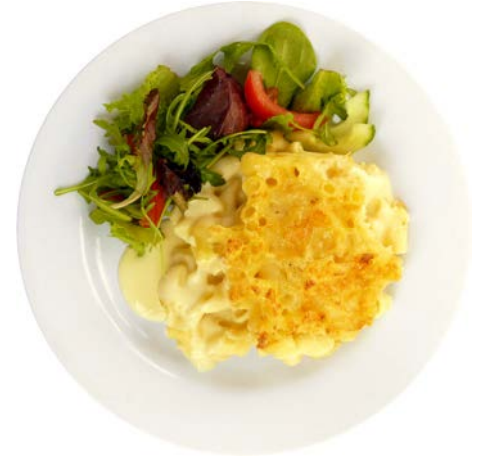
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								

Available dairy free on request



Tuesday

Macaroni cheese with crispy bacon



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓		✓						

Available gluten free on request.

Macaroni cheese & mixed peppers



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓		✓						

Available gluten free on request.

Fresh fruit, yogurt, cheese & biscuits
















Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other



Wednesday
















Gammon ham with cheese sauce



														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓						✓		✓						
















Omelette with new potatoes



														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓											

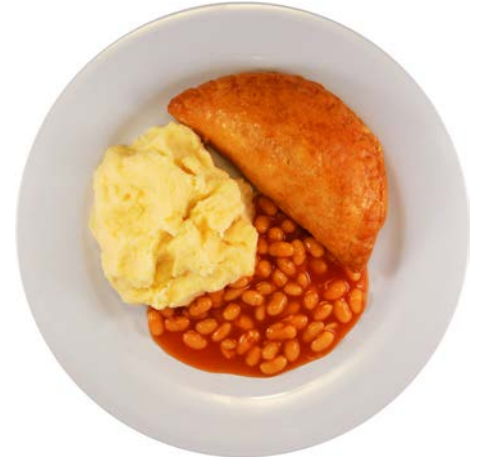
Fruit flapjack with custard



														
Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓			✓								

Thursday

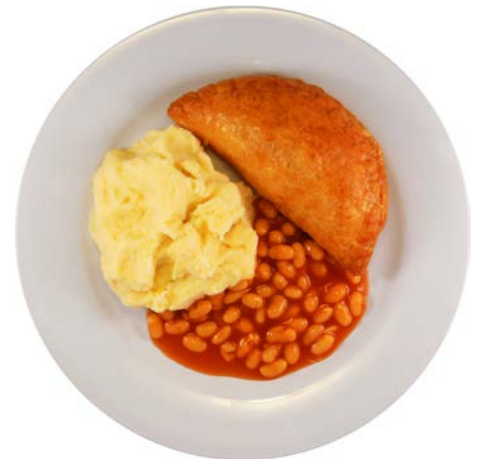
Chicken and ham pasty



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓					✓						

Available egg free on request.

Vegetarian pasty



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
✓	✓		✓			✓								

Available egg free on request.

Strawberry panna cotta pot

Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓					✓								



Friday

Fish and chips, tartare sauce



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
	✓		✓	✓										

Frittata with chunky chips



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓											

Chocolate brownie with custard



Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
			✓			✓								

Dairy free available on request.