

Allergen information for teachers and parents

Summer Menu 2017

Revised 12/04/2017



Everyday Menu Items															
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
Tuna Mayonnaise				✓	✓				✓						
Cheeses (all)							✓								
Mixed Biscuits		✓				✓	✓					✓	✓		
Smoked Salmon					✓										
Gammon Ham															Nitrate
Baguettes		✓										✓			
Pesto Pasta Salad G E		✓		✓		✓	✓								
Vegetable Pasta Salad G E		✓		✓		✓									Courgette Tomato
Salad Dressing									✓						
Potato Salad				✓					✓						
Coleslaw				✓					✓						
Baked Beans														✓	Cannellini
Picnic Lunches G D		✓				✓	✓								
Natural Yoghurt							✓								
Puree Meals	✓	✓		✓	✓	✓	✓		✓	✓		✓	✓		Tomato
Humus												✓			
Sauces & Gravies G D	✓	✓				✓	✓								
Ice Creams (all) D E				✓			✓							✓	
Custard G D		✓				✓	✓							✓	

Week 1															
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
Pork Sausages G		✓													
Quorn Sausages		✓		✓											
Banana Split				✓			✓								
Beef Bolognese G E	✓	✓		✓											Tomato
Quorn Bolognese G	✓	✓		✓											Tomato
Jelly & Cream D							✓								
Roast Pork & Apple Sauce	✓								✓						
Cheese & Mush. Crepe		✓		✓			✓								
Flapjack		✓		✓			✓								Cocoa
Margherita Pizza	✓	✓					✓								Tomato
Salmon & Broc. Pasta G E	✓	✓		✓	✓		✓								
Vegetable Quiche		✓		✓			✓								Tomato
Carrot Cake		✓		✓											

Unlisted items do not contain the above allergens

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Week 2

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
Creamy Tuna Pasta G E	✓	✓		✓	✓		✓								
Vegetable Pasta G E		✓		✓			✓								
Knickerbocker Glory G D		✓					✓								
BBQ Quorn				✓											
Chocolate Pot							✓								
Stuffing	✓	✓				✓			✓						
Quorn Joint		✓		✓		✓	✓								
Vanilla Cheesecake		✓		✓			✓								
Steak burger G		✓							✓						Tomato
Bean burger	✓	✓		✓			✓		✓				✓		
Roast Cod					✓										Tomato
Baked Halloumi							✓								Tomato
Sticky Toffee Pudding		✓		✓			✓								

Unlisted items do not contain the above allergens

Week 3

	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame / Seeds	Soya	Sulphur Dioxide	Other
Fruity Chicken Curry	✓														Kidney Beans
Fruity Quorn Curry	✓			✓											Kidney Beans
Macaroni Cheese G		✓		✓			✓								
Cheese Sauce							✓								
Omelette				✓											
Flapjack		✓													
Chicken & Ham Pasty E		✓													
Vegetarian Pasty G	✓	✓													
Panna Cotta							✓								
Battered Fish		✓			✓		✓								
Frittata				✓											
Chocolate Brownie				✓											

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